L1 ANSWER 2 OF 2 REGISTRY COPYRIGHT 2004 ACS on STN

RN 18104-45-5 REGISTRY

CN 9,11-Octadecadienoic acid, 13-hydroxy-, (9Z,11E)- (9CI) (CA INDEX NAME)

OTHER CA INDEX NAMES:
CN 9,11-Octadecadienoic acid, 13-hydroxy-, (E,Z)- (8CI)

OTHER NAMES:

CN (±)-Coriolic acid

CN (9Z,11E)-13-Hydroxy-9,11-octadecadienoic acid

CN  $\alpha$ -Artemisolic acid

CN 13-HODE

CN 13-Hydroxy-9,11-cis,trans-octadecadienoic acid

CN 13-Hydroxy-9-cis-11-trans-octadecadienoic acid

CN 13-Hydroxy-cis-9-trans-11-octadecadienoic acid

CN 13-Hydroxylinoleic acid

CN 13-Hydroxyoctadeca-9,11-dienoic acid

FS STEREOSEARCH

DR 67030-67-5, 73804-64-5, 81445-95-6

MF C18 H32 O3

LC STN Files: AGRICOLA, BEILSTEIN\*, BIOSIS, CA, CANCERLIT, CAPLUS, CASREACT, CHEMCATS, CHEMINFORMRX, CSCHEM, MEDLINE, TOXCENTER, USPAT7, USPATFULL

(\*File contains numerically searchable property data)

DT.CA CAplus document type: Conference; Dissertation; Journal; Patent

RL.P Roles from patents: ANST (Analytical study); BIOL (Biological study);
FORM (Formation, nonpreparative); PREP (Preparation); PROC (Process);
USES (Uses)

RLD.P Roles for non-specific derivatives from patents: BIOL (Biological study); USES (Uses)

RL.NP Roles from non-patents: ANST (Analytical study); BIOL (Biological study); FORM (Formation, nonpreparative); OCCU (Occurrence); PREP (Preparation); PROC (Process); PRP (Properties); RACT (Reactant or reagent); USES (Uses)

RLD.NP Roles for non-specific derivatives from non-patents: BIOL (Biological study)

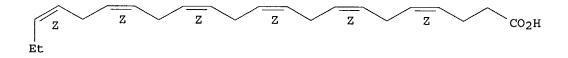
Double bond geometry as shown.

\*\*PROPERTY DATA AVAILABLE IN THE 'PROP' FORMAT\*\*

286 REFERENCES IN FILE CA (1907 TO DATE)
2 REFERENCES TO NON-SPECIFIC DERIVATIVES IN FILE CA
288 REFERENCES IN FILE CAPLUS (1907 TO DATE)

```
ANSWER 151 OF 157 REGISTRY COPYRIGHT 2004 ACS on STN
     6217-54-5 REGISTRY
     4,7,10,13,16,19-Docosahexaenoic acid, (4Z,7Z,10Z,13Z,16Z,19Z) - (9CI)
                                                                             (CA
     INDEX NAME)
OTHER CA INDEX NAMES:
     4,7,10,13,16,19-Docosahexaenoic acid, (all-Z)- (8CI)
     Docosahexaenoic acid (6CI)
OTHER NAMES:
     (4Z,7Z,10Z,13Z,16Z,19Z)-4,7,10,13,16,19-Docosahexaenoic acid
CN
CN
     (4Z,7Z,10Z,13Z,16Z,19Z)-Docosahexaenoic acid
CN
     (all-Z)-4,7,10,13,16,19-Docosahexaenoic acid
CN
     \Delta 4, 7, 10, 13, 16, 19-Docosahexaenoic acid
     4-cis, 7-cis, 10-cis, 13-cis, 16-cis, 19-cis-Docosahexaenoic acid
CN
     all-cis-4,7,10,13,16,19-Docosahexaenoic acid
CN
CN
     all-Z-Docosahexaenoic acid
CN
     Cervonic acid
CN
     DHA
CN
     Doconexent
FS
     STEREOSEARCH
     25377-50-8
DR
MF
     C22 H32 O2
CI
     COM
     STN Files:
LC
                  ADISINSIGHT, ADISNEWS, AGRICOLA, ANABSTR, BEILSTEIN*,
       BIOBUSINESS, BIOSIS, BIOTECHNO, CA, CAOLD, CAPLUS, CASREACT, CEN,
       CHEMCATS, CIN, CSCHEM, EMBASE, IMSRESEARCH, MRCK*, PROMT, SYNTHLINE,
       TOXCENTER, USAN, USPAT2, USPATFULL
         (*File contains numerically searchable property data)
     Other Sources:
                     WHO
DT.CA CAplus document type: Conference; Dissertation; Journal; Patent
RL.P
       Roles from patents: ANST (Analytical study); BIOL (Biological study);
       FORM (Formation, nonpreparative); MSC (Miscellaneous); OCCU
       (Occurrence); PREP (Preparation); PROC (Process); RACT (Reactant or
       reagent); USES (Uses)
RLD.P Roles for non-specific derivatives from patents: ANST (Analytical
       study); BIOL (Biological study); OCCU (Occurrence); PREP (Preparation);
       PROC (Process); RACT (Reactant or reagent); USES (Uses)
      Roles from non-patents: ANST (Analytical study); BIOL (Biological
       study); FORM (Formation, nonpreparative); MSC (Miscellaneous); OCCU
       (Occurrence); PREP (Preparation); PROC (Process); PRP (Properties); RACT
       (Reactant or reagent); USES (Uses)
RLD.NP Roles for non-specific derivatives from non-patents: ANST (Analytical
       study); BIOL (Biological study); FORM (Formation, nonpreparative); OCCU
       (Occurrence); PREP (Preparation); PROC (Process); PRP (Properties); RACT
       (Reactant or reagent); USES (Uses)
```

Double bond geometry as shown.



#### \*\*PROPERTY DATA AVAILABLE IN THE 'PROP' FORMAT\*\*

8181 REFERENCES IN FILE CA (1907 TO DATE)
145 REFERENCES TO NON-SPECIFIC DERIVATIVES IN FILE CA
8215 REFERENCES IN FILE CAPLUS (1907 TO DATE)
9 REFERENCES IN FILE CAOLD (PRIOR TO 1967)

(Occurrence); PREP (Preparation); PROC (Process); PRP (Properties); USES (Uses)

Absolute stereochemistry. Rotation (+).

\*\*PROPERTY DATA AVAILABLE IN THE 'PROP' FORMAT\*\*

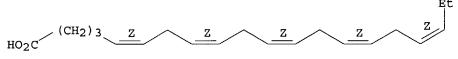
7362 REFERENCES IN FILE CA (1907 TO DATE)

155 REFERENCES TO NON-SPECIFIC DERIVATIVES IN FILE CA

7372 REFERENCES IN FILE CAPLUS (1907 TO DATE)

93 REFERENCES IN FILE CAOLD (PRIOR TO 1967)

```
L15 ANSWER 1 OF 1 REGISTRY COPYRIGHT 2004 ACS on STN
RN
     10417-94-4 REGISTRY
     5,8,11,14,17-Eicosapentaenoic acid, (5Z,8Z,11Z,14Z,17Z)- (9CI)
     (CA INDEX NAME)
OTHER CA INDEX NAMES:
     5,8,11,14,17-Eicosapentaenoic acid (6CI)
     5,8,11,14,17-Eicosapentaenoic acid, (all-Z)- (8CI)
OTHER NAMES:
     (5Z,8Z,11Z,14Z,17Z)-Eicosapentaenoic acid
CN
     (all-cis)-5,8,11,14,17-Eicosapentaenoic acid
CN
     (all-Z)-\Delta 5, 8, 11, 14, 17-Eicosapentaenoic acid
CN
CN
     (all-Z)-5,8,11,14,17-Eicosapentaenoic acid
CM
     Eicosapentaenoic acid
CN
     EPA
CN
     Icosapent
     Icosapentaenoic acid
CN
CN
     Timnodonic acid
     STEREOSEARCH
FS
     25377-48-4
DR
     C20 H30 O2
MF
     COM
CI
LC
                 ADISNEWS, AGRICOLA, ANABSTR, BEILSTEIN*, BIOBUSINESS, BIOSIS,
       BIOTECHNO, CA, CABA, CAOLD, CAPLUS, CASREACT, CEN, CHEMCATS, CHEMLIST,
       CIN, CSCHEM, DDFU, DRUGU, EMBASE, IFICDB, IFIUDB, IMSDRUGNEWS,
       IMSRESEARCH, MRCK*, PHAR, PROMT, TOXCENTER, USAN, USPAT2, USPATFULL,
       VETU
         (*File contains numerically searchable property data)
     Other Sources:
                    WHO
      CAplus document type: Conference; Dissertation; Journal; Patent; Report
       Roles from patents: ANST (Analytical study); BIOL (Biological study);
RL.P
       FORM (Formation, nonpreparative); OCCU (Occurrence); PREP (Preparation);
       PROC (Process); RACT (Reactant or reagent); USES (Uses)
      Roles for non-specific derivatives from patents: BIOL (Biological
       study); OCCU (Occurrence); PREP (Preparation); PROC (Process); RACT
       (Reactant or reagent); USES (Uses)
       Roles from non-patents: ANST (Analytical study); BIOL (Biological
RL.NP
       study); FORM (Formation, nonpreparative); MSC (Miscellaneous); OCCU
       (Occurrence); PREP (Preparation); PROC (Process); PRP (Properties); RACT
       (Reactant or reagent); USES (Uses); NORL (No role in record)
RLD.NP Roles for non-specific derivatives from non-patents: ANST (Analytical
       study); BIOL (Biological study); PREP (Preparation); PROC (Process); PRP
       (Properties); RACT (Reactant or reagent); USES (Uses)
Double bond geometry as shown.
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\*\*PROPERTY DATA AVAILABLE IN THE 'PROP' FORMAT\*\*

7667 REFERENCES IN FILE CA (1907 TO DATE)

176 REFERENCES TO NON-SPECIFIC DERIVATIVES IN FILE CA

7691 REFERENCES IN FILE CAPLUS (1907 TO DATE)

6 REFERENCES IN FILE CAOLD (PRIOR TO 1967)



Essential Fatty Acids in Oils, Omega-3 & Omega-6 EFAs in Nuts, Linoleic Acid & Alpha-Linolenic Acid in Seeds
Table Showing Omega Fats in Oils, Nuts & Seeds, Omega-3:6 Balance

# **Omega-3 and Omega-6 Essential Fatty Acids**

<u>Diet Home</u> - <u>Dietary Fat Explained</u> - <u>Anne Collins Diet</u> - <u>Weight Loss Tips</u> - <u>Obesity</u> Essential Fatty Acids in OILS

Fig 1. Content of Omega-3 and Omega-6 Essential Fatty Acids in Oils Wild Sockeye Salmo All fish oils are not the Buy the most natural a Approximate EFA content in grams per 100 grams www.vitalchoice.com Omega-3s (100g) (g) Omega-6s (100g) (g) Flax / Linseed oil 58 Safflower oil 74 Flax / Linseeds 15-30 Grapeseed oil **Essential Fatty Acid:** 68 Balance hormones, in and dry hair with EFA' Walnut oil 11.5 Sunflower oil 63 vitanetonline.com Canola / Rapeseed oil Walnut oil 58 Soybean oil 7 Soybean oil 51 5 Wheatgerm oil Corn oil 50 Essential Fatty Acid: High Quality EFA's Bu Save at VitaminLab

# **Essential Fatty Acids in NUTS**

Fig 2. Content of Omega-3 and Omega-6 Essential Fatty Acids in Nuts

Approximate EFA content in grams per 100 grams

Omega-3s (100g)	(g)	Omega-6s (100g)	(g)	Swanson's - A Truster Health Products for 3t www.SwansonVilamins.com
Walnuts	5.5	Walnuts	28	
Hazelnuts	trace	Hazelnuts	4	
Cashews	trace	Cashews	8	Buy Omega 3 Supple Omega 3 Essential Fa
Almonds	trace	Almonds	10	Buy Natural Products Price
Brazils	trace	Brazils	23	www.herbalremedies.com

# **Essential Fatty Acids in SEEDS**

Fig 3. Content of Omega-3 and Omega-6 Essential Fatty Acids in Seeds

Approximate EFA content in grams per 100 grams

www.vitaminlab.com

**Nutritional Suppleme** 

Omega-3s (100g)	(g)	Omega-6s (100g)	(g)
Flax / Linseeds	15-25	Flax / Linseeds	6
Pumpkin seeds	7-10	Pumpkin seeds	20
Sunflower seeds	trace	Sunflower seeds	30
Sesame seeds	trace	Sesame seeds	25
Pine nuts	1	Pine nuts	25

## Weight Loss & Fats

From a calorie viewpoint, all oils are equally fattening. They contain 120 calories per tablespoon.

For optimum weight loss, reduce your overall fat/oil consumption to a sensible level: 25-30 percent of calories is very good; although 20-25 per cent is better; while fats expert *Udo Erasmus* advocates 15-20 per cent.

Restrict your consumption of saturated fat to a minimum.

<u>Anne Collins Diet Program</u> can help you reduce your fat intake and lose weight. It also shows you how to eat sensibly and control your weight for life.

Omega-3 - Omega-6 - Fish Oils - Fish Oils Table

Healthiest Fats/Oils - Olive Oil & Weight Loss - Trans-Fats

Saturated Fat - Monounsaturated Fat - Polyunsaturated Fat

## **Diet Home**

Anne Collins Weight Loss Programs
WEIGHT LOSS DIET PROGRAM AT-A-GLANCE | WEIGHT LOSS PROGRAM EXPLAINED | JOIN WEIGHT LOSS PROGRAM | QUICK-START DII
LOW CARB DIET | 14-DAY WEIGHT LOSS BOOSTER DIET | WEIGHT LOSS DIET FOR BUSY PEOPLE | 6 USA DIETS | VEGETARIAN DIET PLA
UK/BRITISH DIET | DIET FOOD MENUS | HOW DIETERS DESCRIBE ANNE COLLINS WEIGHT LOSS PROGRAM | WEIGHT LOSS SUPPORT

Obesity, Health and Weight
WEIGHT HEALTH RISKS | OBESITY INFORMATION | OBESITY CHART | BODY MASS INDEX CALCULATOR | WEIGHT CHART | HEALTHY WE
IDEAL WEIGHT FOR WOMEN | IDEAL WEIGHT FOR MEN | WAIST CIRCUMFERENCE | WAIST-HIP RATIO | HOW TO REDUCE CELLULITE FAT
BODY FAT PERCENT | BODY FAT, WEIGHT & HEALTH | BODY FAT CALCULATORS | WEIGHT LOSS PLATEAU | HYPOTHYROIDISM | CRAVII
RAISE METABOLISM | EXERCISE & WEIGHT LOSS | EXERCISE EQUIPMENT | DIET FITNESS | ATKINS DIET HEALTH | CHOLESTEROL & DIE
CHOLESTEROL FAT & DIET | LOW CHOLESTEROL DIET | DIABETIC DIET INFORMATION | DIABETIC DIET QUESTIONS | GLUCOSE METERS

Weight Loss and Diet Information
WEIGHT LOSS TIPS | WEIGHT LOSS ADVICE | DIETS & WEIGHT LOSS PROGRAMS | WEIGHT LOSS QUESTIONS | DIET PROGRAMS | FAD D
WEIGHT LOSS DIETS - THE BIG QUESTIONS | LOSE WEIGHT FAST | WEIGHT LOSS FOR VEGETARIANS | HEALTHY DIET | FAST WEIGHT LO
WEIGHT LOSS PILLS | DIET PILLS | APPETITE SUPPRESSANTS | FENTERMINE WEIGHT LOSS PILLS | WEIGHT WATCHERS DIET | LOW FAI
LOW CARB DIETS | SOUTH BEACH DIET PROGRAM - RECIPES | DR ATKINS DIET | ATKINS DIET OPINIONS | ONLINE DIETS | WEIGHT LOSS
WEIGHT LOSS ARTICLES | DIET ADVICE FOR STAR SIGNS | WEIGHT LOSS DIET ADVICE | WEIGHT LOSS - PREGNANCY | SLIMMING DIET
WEIGHT CONTROL IN MENOPAUSE | DIET & WEIGHT LOSS NEWS | CABBAGE SOUP DIET | CIDER VINEGAR DIET | WEIGHT LOSS PYRAMI
BARIATRIC SURGERY | GASTROINTESTINAL SURGERY | WEIGHT LOSS PROGRAMS | WEIGHT LOSS FACTS | DIETS | WEIGHT LOSS LINK:

Diet Nutrition, Calories, Carbs and Diet Information

DIET NUTRITION | CALORIES INDEX | EXERCISE & CALORIES BURNED | CALORIE NEEDS FOR WOMEN | CALORIE NEEDS MEN | DIET FAT

HOW TO LOSE WEIGHT | CALORIES & WEIGHT LOSS | BURN CALORIES & LOSE WEIGHT | CALORIE SAVINGS | DIET FOODS | CARBS & DI

PROTEIN & DIET | PROTEIN DIET NEEDS | GLYCEMIC INDEX | SODIUM IN DIET | BALANCED DIET | VEGETARIAN DIET NUTRITION | TERMS

Anne Collins Diet
"The Best Value Weight Loss Diet Program on the Internet"

JOIN NOW and CHANGE YOUR LIFE

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L21 ANSWER 4 OF 30 BIOSIS COPYRIGHT 2004 BIOLOGICAL ABSTRACTS INC. on STN

ACCESSION NUMBER: DOCUMENT NUMBER:

1994:301576 BIOSIS PREV199497314576

TITLE:

SOURCE:

13-Hydroxyoctadecadienoic acid reverses epidermal

hyperproliferation via selective inhibition of protein

kinase C-beta activity.

AUTHOR (S):

Cho, Yunhi; Ziboh, Vincent A.

CORPORATE SOURCE:

Dep. Dermatol., Univ. Calif., Davis, CA 95616, USA Biochemical and Biophysical Research Communications, (1994)

Vol. 201, No. 1, pp. 257-265.

CODEN: BBRCA9. ISSN: 0006-291X.

DOCUMENT TYPE:

Article

LANGUAGE:

English

ENTRY DATE:

Entered STN: 13 Jul 1994

Last Updated on STN: 24 Aug 1994

13-Hydroxyoctadecadienoic acid (13-HODE) is a major AΒ

lipoxygenase metabolite of linoleic acid in epidermis. Employing a

docosahexaenoic acid (22:6n-3) induced model of

hyperproliferative guinea pig epidermis, we demonstrated reversal of

hyperproliferation by topical 13-HODE. To delineate a possible mechanism for 13-HODE effect, we demonstrated

that topical 13-HODE was incorporated into 13

-HODE-containing diacylglycerol (13-HODE

-DAG). This novel substituted-DAG which was markedly depleted in the hyperproliferative skin paralled the increased activities of PKC-alpha and

beta. Replenishment of the hyperproliferative epidermis with topical

13-HODE resulted in the accumulation of tissue

13-HODE-DAG and the selective suppression of PKC-beta

activity. These data taken together suggest that the generation of

putative 13-HODE-DAG and the selective suppression of

PKC-beta isozyme activity may play a role in modulating epidermal

hyperproliferation.

L24 ANSWER 12 OF 32 BIOSIS COPYRIGHT 2004 BIOLOGICAL ABSTRACTS INC. on STN

ACCESSION NUMBER: 1990:513771 BIOSIS

PREV199090131047; BA90:131047 DOCUMENT NUMBER:

SELECTIVE EFFECTS OF DIETARY FATS ON VASCULAR 13-TITLE:

HODE SYNTHESIS AND PLATELET-VESSEL WALL

INTERACTIONS.

BERTOMEU M C [Reprint author]; CROZIER G L; HAAS T A; AUTHOR (S):

FLEITH M; BUCHANAN M R

MCMASTER UNIV, DEP PATHOL, HAMILTON, ONT, CAN CORPORATE SOURCE:

Thrombosis Research, (1990) Vol. 59, No. 5, pp. 819-830. SOURCE:

CODEN: THBRAA. ISSN: 0049-3848.

DOCUMENT TYPE: Article

FILE SEGMENT:

ENGLISH

LANGUAGE: ENTRY DATE:

Entered STN: 19 Nov 1990 Last Updated on STN: 20 Nov 1990

Fish oil (FO) diets are associated with decreased thrombosis,

which is thought to be related, in part, to changes in platelet and vessel wall prostanoid synthesis. Recently, we found that 13hydroxyoctadecadienoic acid (13-HODE) synthesized in the vessel wall from linoleic acid (LA, 18:2 n-6) via the lipoxygenase pathway, also decreases platelet/vessel wall interactions. Thus, we determined whether diets containing fish oil, walnut oil (rich in linoleic acid), black currant seed oil (rich in both linoleic and gamma linolenic acids, 18:3 n-6), or lard influenced vessel wall 13-HODE synthesis and platelet/vessel wall adhesion in rabbits. In vivo, vessel wall thrombogenecity was decreased in animals fed the black currant seed oil rich diet for 4 weeks as compared to the control "LARD" diet. This latter effect was better obtained when  $\gamma$  linoleic acid was present suggesting a secondary effect of this fatty acid. The decreased vessel wall thrombogenecity in those animals, was associated with increased vessel wall 13-HODE synthesis. In contrast, ex vivo platelet adhesivity was significantly decreased in the fish oil diet fed animals, as compared to the control "LARD" diet and correlated with decreased platelet 12-HETE synthesis. We conclude that both fish oil and black currant seed oil rich diets inhibit platelet/vessel wall adhesion; the black currant seed oil diet by increasing the availability of linoleic acid for 13-HODE synthesis and inhibiting vessel wall thrombogenecity; the fish oil diet by inhibiting platelet 12-HETE synthesis and subsequent platelet adhesion.

Major Concepts TT

Blood and Lymphatics (Transport and Circulation); Cardiovascular System (Transport and Circulation); Metabolism; Nutrition

Miscellaneous Descriptors IT

RABBIT 13 HYDROXYOCTADECADIENOIC ACID LINOLEIC ACID THROMBOGENESIS ORGN Classifier

Leporidae 86040

Super Taxa

Lagomorpha; Mammalia; Vertebrata; Chordata; Animalia

Taxa Notes

Animals, Chordates, Lagomorphs, Mammals, Nonhuman Vertebrates, Nonhuman Mammals, Vertebrates

60-33-3 (LINOLEIC ACID) RN

L24 ANSWER 9 OF 32 CAPLUS COPYRIGHT 2004 ACS on STN 1990:117061 CAPLUS ACCESSION NUMBER: DOCUMENT NUMBER: 112:117061 Guinea pig epidermis generates putative TITLE: anti-inflammatory metabolites from fish oil polyunsaturated fatty acids AUTHOR (S): Miller, Craig C.; Yamaguchi, Ronald Y.; Ziboh, Vicent Sch. Med., Univ. California, Davis, CA, 95616, USA CORPORATE SOURCE: Lipids (1989), 24(12), 998-1003 SOURCE: CODEN: LPDSAP; ISSN: 0024-4201 DOCUMENT TYPE: Journal LANGUAGE: English Clin. studies have indicated that dietary fish oil may have therapeutic value in the treatment of psoriasis, a hyperproliferative, inflammatory skin disorder characterized by elevated LTB4. To evolve a possible mechanism for these beneficial effects, the metabolic fate of fish oil-derived n-3 fatty acids was determined in the skin. Specifically, guinea pig epidermal enzyme prepns. were incubated with [3H]eicosapentaenoic acid (20:5n-3) and [14C]docosahexaenoic acid (22:6n-3). Analyses of the radiometabolites revealed the transformation of these n-3 fatty acids into n-6 lipoxygenase (arachidonate 15-lipoxygenase) products: 15-hydroxyeicosapentaenoic acid (15-HEPE) and 17-hydroxydocosahexaenoic acid (17-HDHE), resp. Since 15-lipoxygenase products have been suggested to be possible endogenous inhibitors of 5-lipoxygenase (an enzyme which catalyzes the formation of LTB4), the ability of 15-HEPE and 17-HDHE in vitro to inhibit the activity of the 5-lipoxygenase was tested. Incubations of these metabolites with enzyme prepns. from rat basophilic leukemia (RBL-1) cells demonstrated that 15-HEPE (50% inhibitory concentration (IC50) = 28  $\mu M$ ) and 17-HDHE (IC50 = 25 μM) are potent inhibitors of the RBL-1 5-lipoxygenase. The inhibitory potential of these fish oil metabolites provides a possible mechanism by which fish oil might act to decrease local cutaneous levels of LTB4, and thereby alleviate psoriatic symptoms. Psoriasis IT (therapy of, anti-inflammatory metabolite formation from polyunsatd. fatty acids of fish oil in epidermis in relation to) TT Skin, metabolism (epidermis, anti-inflammatory metabolite formation from polyunsatd. fatty acids of fish oil in, psoriasis therapy in relation to) IT Oils, glyceridic RL: BIOL (Biological study) (fish, in psoriasis therapy, anti-inflammatory metabolite formation from polyunsatd. fatty acids in skin epidermis in relation IT Fatty acids, biological studies RL: BIOL (Biological study) (polyunsatd., n-3, of fish oil, anti-inflammatory metabolite formation from, in skin epidermis, psoriasis therapy in relation to) IT 80619-02-9, 5-Lipoxygenase RL: BIOL (Biological study) (fish oil polyunsatd. fatty acid metabolites inhibition of, in skin epidermis, psoriasis therapy in relation to) IT 18104-45-5 54845-95-3 70608-72-9 88852-33-9 RL: FORM (Formation, nonpreparative) (formation of, from polyunsatd. fatty acids of fish oil in skin epidermis, LTB4 formation inhibition and psoriasis therapy in relation to) IT 71160-24-2, Leukotriene B4 RL: FORM (Formation, nonpreparative) (formation of, in skin epidermis, polyunsatd. fatty acids of fish oil effect on, psoriasis therapy in relation to)

10417-94-4, Eicosapentaenoic acid

6217-54-5, Docosahexaenoic acid

IT

RL: BPR (Biological process); BSU (Biological study, unclassified); BIOL (Biological study); PROC (Process)
 (metabolism of, by skin epidermis, fish oil therapy for psoriasis in relation to)
 B2249-77-2, Arachidonate 15-lipoxygenase
 BIOL (Biological study)
 (polyunsatd. fatty acids of fish oil metabolism by, in skin epidermis, LTB4 formation inhibition and psoriasis therapy in relation to)

```
L24 ANSWER 8 OF 32 CAPLUS COPYRIGHT 2004 ACS on STN
ACCESSION NUMBER:
                         1990:197018 CAPLUS
DOCUMENT NUMBER:
                         112:197018
TITLE:
                         Induction of epidermal hyperproliferation by topical
                         n-3 polyunsaturated fatty acids on guinea pig skin
                         linked to decreased levels of 13-
                         hydroxyoctadecadienoic acid (13-HODE
AUTHOR (S):
                         Miller, Craig C.; Ziboh, Vincent A.
CORPORATE SOURCE:
                         Sch. Med., Univ. California, Davis, CA, 95616, USA
SOURCE:
                         Journal of Investigative Dermatology (1990), 94(3),
                         353-8
                         CODEN: JIDEAE; ISSN: 0022-202X
DOCUMENT TYPE:
                         Journal
LANGUAGE:
                         English
     Reversal of essential fatty acid deficiency (EFA) - induced epidermal
     hyperproliferation was recently suggested to require linoleic acid and an
     active lipoxygenase product. Because the nature of this lipoxygenase
     product is unknown, a model of n-3 polyunsatd. fatty acid (PUFA)-induced
     hyperproliferation in guinea pig skin was employed to test a possible
     reversal of the hyperproliferation by an oxidative metabolite of linoleic
           Topical applications of two n-3 PUFA, 0.5% of eicosapentaenoic acid
     (20:5n-3) and(or) of docosahexaenoic acid (22:6n-3) for 5 days induced
     severe epidermal hyperproliferation. Development of the epidermal
     hyperproliferation paralleled a marked decrease in the major epidermal
     linoleic acid lipoxygenase product, 13-HODE. The
     application of 0.1% of 13-HODE to the n-3 PUFA-induced
     guinea pig hyperproliferative skin resulted in the restoration of normal
     epidermal histol, and reversal of hyperproliferation as determined by epidermal
     uptake of 3H-thymidine. These data support the view that 13-
    HODE may represent the endogenous cutaneous mediator necessary for
     full restoration of cutaneous symptoms of essential fatty acid deficiency.
     Furthermore, the topical use of n-3 PUFA for the disruption of normal
    metabolism of skin n-6 EFA (linoleic acid) does serve as a useful tool for
     further investigations into the regulatory mechanisms of in vivo epidermal
    proliferation/differentiation.
IT
     Phospholipids, biological studies
     RL: BIOL (Biological study)
        (fatty acids of, of skin epidermis, topical application of
        ω -3 fatty acids effect on, epidermal
       hyperproliferation in relation to)
IT
    Deoxyribonucleic acid formation
        (in skin epidermis, topical application of \omega -3
        fatty acids effect on, epidermal hyperproliferation in relation to)
TΨ
     Fatty acids, biological studies
    RL: BIOL (Biological study)
        (of neutral lipids and phospholipids, of skin epidermis,
        ω -3 fatty acid topical application effect on,
        epidermal hyperproliferation in relation to)
IT
    Skin, disease or disorder
        (epidermis, hyperproliferation, from \omega -3
        polyunsatd. fatty acid topical application, hydroxyoctadecadienoic acid
        formation in relation to)
IT
    Fatty acids, biological studies
    RL: FORM (Formation, nonpreparative)
        (hydroxy, formation of, in skin epidermis, topical application of
        ω -3 fatty acids effect on, epidermal
        hyperproliferation in relation to)
TT
    Lipids, biological studies
    RL: BIOL (Biological study)
        (neutral, fatty acids of, of skin epidermis, topical application of
       \omega -3 fatty acids effect on, epidermal
       hyperproliferation in relation to)
```

ΙT Fatty acids, biological studies RL: BIOL (Biological study) (polyunsatd., n-3, epidermal hyperproliferation response to topical application of, hydroxyoctadecadienoic acid formation in relation to) IT 54845-95-3, 15-HETE RL: FORM (Formation, nonpreparative) (formation of, in skin epidermis, topical application of ω -3 fatty acids effect on, epidermal hyperproliferation in relation to) IT 18104-45-5 RL: FORM (Formation, nonpreparative) (formation of, in skin epidermis, topical application of  $\boldsymbol{\omega}$  -3 polyunsatd. fatty acids effect on, hyperproliferation in relation to) IT 112-80-1, 9-Octadecenoic acid (Z)-, biological studies 557-59-5, Tetracosanoic acid RL: BIOL (Biological study) (of neutral lipids and phospholipids, of skin epidermis, ω -3 fatty acid topical application effect on, epidermal hyperproliferation in relation to) IT 6217-54-5, Docosahexaenoic acid 10417-94-4, Eicosapentaenoic acid RL: BIOL (Biological study) (skin epidermis hyperproliferation response to topical application of, hydroxyoctadecadienoic acid formation in relation to)

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L24 ANSWER 3 OF 32 BIOSIS COPYRIGHT 2004 BIOLOGICAL ABSTRACTS INC. on STN

ACCESSION NUMBER:
DOCUMENT NUMBER:

1999:213442 BIOSIS PREV199900213442

TITLE:

High-performance liquid chromatography and spectroscopic

studies on fish oil oxidation products extracted

from frozen Atlantic mackerel.

AUTHOR(S): CORPORATE SOURCE: Saeed, Suhur; Howell, Nazlin K. [Reprint author]
School of Biological Sciences, University of Surrey,

Guildford, Surrey, GU2 5XH, UK

SOURCE:

Journal of the American Oil Chemists' Society, (March,

1999) Vol. 76, No. 3, pp. 391-397. print.

CODEN: JAOCA7. ISSN: 0003-021X.

DOCUMENT TYPE:

Article English

LANGUAGE: ENTRY DATE:

Entered STN: 26 May 1999

Last Updated on STN: 26 May 1999

The formation of stable hydroxy derivatives from hydroperoxides produced during the oxidation of linoleic acid methyl ester and fish oil were studied by reverse-phase high-performance liquid chromatography (HPLC), gas chromatography-mass spectrometry (GC-MS) and 13C nuclear magnetic resonance (NMR) spectroscopy. The oxidation products identified were mixtures of four isomeric hydroxy derivatives: 13-hydroxy-9-cis,11trans-octadecadienoic, 13-hydroxy-9-trans, 11-trans-octadecadienoic, 9-hydroxy-10-trans,12-cis-octadecadienoic, and 9-hydroxy-10-trans,12-transoctadecadienoic acids. The presence of hydroxy compounds was confirmed by 13C NMR, which gave rise to a hydroxy carbon peak at 87 ppm, and by GC-MS, which showed three peaks corresponding to isomeric mixtures of trimethylsilyl ethers of the oxidized linoleic acid methyl ester. mass spectra scans of the three peaks showed that they represent isomers of molecular weight 382 and are consistent with the molecular formula In oil extracted from stored frozen mackerel, 13-C22H42O3Si.

hydroxy-9-cis,11-trans-

octadecadienoic acid was more prominent compared to the model lipid systems. HPLC offered a sensitive means of detection of hydroxy compounds produced both in the initiation and latter stages of oxidation. The effect of antioxidants added to the <code>fish</code> mince prior to storage can also be monitored by HPLC. Thus, the monitoring of lipid oxidation hydroxy derivatives by HPLC is of practical value in the efficient processing and quality control of <code>fish</code>, <code>fish</code> oils, and other fatty foodstuffs in order to enhance the acceptability, nutritional, and safety aspects.

IT Major Concepts

Foods

IT Chemicals & Biochemicals

fish oil oxidation products: analysis; 13-

hydroxy-9-cis,11-trans-

octadecadienoic acid; 13-hydroxy-9-trans,11-trans-

octadecadienoic acid; 9-hydroxy-10-trans,12-cis-octadecadienoic acid; 9-hydroxy-10-trans,12-trans-octadecadienoic acid

IT Methods & Equipment

gas chromatography-mass spectrometry: analytical method; high performance liquid chromatography: analytical method, liquid chromatography; NMR: analytical method, imaging techniques, spectroscopic techniques: CB, spectroscopic techniques: CT

IT Miscellaneous Descriptors

Atlantic mackerel: frozen, seafood

ORGN Classifier

Osteichthyes 85206

Super Taxa

Pisces; Vertebrata; Chordata; Animalia

Organism Name

Scomber scombrus [Atlantic mackerel]

Taxa Notes

Animals, Chordates, Fish, Nonhuman Vertebrates, Vertebrates

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L24 ANSWER 3 OF 32 BIOSIS COPYRIGHT 2004 BIOLOGICAL ABSTRACTS INC. on STN

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IT Major Concepts

Foods

IT Chemicals & Biochemicals

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hydroxy-9-cis,11-trans-

octadecadienoic acid; 13-hydroxy-9-trans,11-trans-

octadecadienoic acid; 9-hydroxy-10-trans,12-cis-octadecadienoic acid; 9-hydroxy-10-trans,12-trans-octadecadienoic acid

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Osteichthyes 85206

Super Taxa

Pisces; Vertebrata; Chordata; Animalia

Organism Name

Scomber scombrus [Atlantic mackerel]

Taxa Notes

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# Published Clinical Studies - Skin Disorders and Skin Health

n-3 fatty acids in psoriasis.

Mayser P, Grimm H, Grimminger F.

Department of Dermatology and Andrology, Justus Liebig University, Giessen, Germany. Peter.Mayser@derma.med.uni-giessen.de Increased concentrations of free arachidonic acid (AA) and its proinflammatory metabolites have been observed in psoriatic lesions. Replacement of arachidonic acid by alternative precursor polyunsaturated fatty acids (PUFA), especially eicosapentaenoic acid (EPA), which can be metabolized via the same enzymatic pathways as AA, might be a therapeutic option in psoriasis. However the results of studies evaluating



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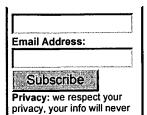
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the therapeutic benefit of dietary fish oil have been conflicting and not clearly dose-dependent. To overcome the slow kinetics and limited availability of oral supplementation, we have performed three studies to assess the efficacy and safety of an intravenously administered fish oil derived lipid emulsion on different forms of psoriasis. Patients received daily infusions of either an n-3 fatty acid-based lipid emulsion (Omegaven) or a conventional n-6 lipid emulsion (Lipoven) in different time and dose regimens. In addition to an overall assessment of the clinical course of psoriasis, EPA- and AA-derived neutrophil 5lipoxygenase (LO)--products, thromboxane (TX) B2/B3, PAF and plasma free fatty acids were investigated. Treatment with n-3 fatty acids resulted in a considerably higher response rate than infusion of n-6 lipids. A more than 10-fold increase in neutrophil EPA-derived 5-LO product formation was noted in the n-3 group, accompanied by a rapid increase in plasmafree EPA within the first days. In conclusion, intravenous n-3-fatty acid administration causes reduction of psoriasis, which may be related to changes in inflammatory eicosanoid generation. The rapidity of the response to intravenous n-3 lipids exceeds by orders of magnitude the hitherto reported kinetics of improvement of psoriatic lesions upon use of oral supplementation.

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USA and Canada: 3266 Rosecrans St San Diego CA 92110 Ph: 800 224 4808 Fax: 800 324 9435

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## **Publication Types:**

- Review
- Review, Tutorial

PMID: 11895157 [PubMed - indexed for MEDLINE]

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#### Effects of micronutrient supplements on u.v.-induced skin damage.

Jackson MJ, Jackson MJ, McArdle F, Storey A, Jones SA, McArdle A, Rhodes LE.

Department of Medicine, University of Liverpool, Liverpool L69 3GA, UK. mjj@liv.ac.uk

Development of an orally-administered systemic agent that could reduce the effects of u.v. exposure on skin could potentially have a major effect on the incidence of skin cancers and photo-ageing. A number of micronutrients have been suggested to have metabolic properties that could induce this protection, and our data indicate that n-3 polyunsaturated fatty acids are particularly effective in this role. The mechanisms of action of n-3 polyunsaturated fatty acids appear to depend on their anti-inflammatory properties, acting to reduce the u.v.-induced release of cytokines and other mediators from a variety of skin cell types.

## Publication Types:

- Review
- · Review, Tutorial

PMID: 12133200 [PubMed - indexed for MEDLINE]

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The significance of polyunsaturated fatty acids in cutaneous biology.

Ziboh VA.

Department of Dermatology, University of California, Davis, USA.

The skin epidermis displays a highly active metabolism of polyunsaturated fatty acids (PUFA). Dietary deficiency of linoleic acid (LA) and 18-carbon (n-6) PUFA results in characteristic scaly skin disorder and

excessive epidermal water loss. Arachidonic acid, a 20-carbon (n-6) PUFA is metabolized via the cyclooxygenase pathway into predominantly prostaglandin E2 (PGE2) PGF2 alpha, and PGD2 and via the lipoxygenase pathway into predominantly 15-hydroxyeicosatetraenoic acid (15-HETE). The prostaglandins modulate normal skin physiological processes at low concentrations and inflammatory reactions at high concentrations. Similarly, the very active epidermal 15-lipoxygenase transforms dihomogammalinolenic acid (DGLA) into 15-hydroxy eicosatrienoic acid (15-HETrE), eicosapentaenoic acid (EPA) into 15-hydroxyeicosapentaenoic acid (15-HEPE) and docosahexaenoic acid (DHA) into 17-hydroxydocosahexaenoic acid (17-HDoHE), respectively. These monohydroxy acids exhibit anti-inflammatory properties. In contrast, the 18-carbon (n-6) PUFA is transformed into 13-hydroxy-9,11octadecadienoic acid (13-HODE), which exerts antiproliferative properties in the tissue. Thus, the supplementation of diets with appropriate purified vegetable oils and/or fish oil may generate local cutaneous antiinflammatory metabolites which could serve as a less toxic in vivo monotherapy or as adjuncts to standard therapeutic regimens for the management of skin inflammatory disorders.

## Publication Types:

- Review
- · Review, Tutorial

PMID: 8729128 [PubMed - indexed for MEDLINE]

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